



September 2016

Accidental Button Press

Have you ever accidentally pressed your EMS LifeLink button and gotten a surprise when you heard one of our dispatchers calling your name and asking if you were ok?

Accidental presses happen from time-to-time, and aren't a bother to our dispatchers. We're glad you're wearing your button!

If you do accidentally press your EMS LifeLink button :

- If possible, move close to your EMS LifeLink panel so you and the dispatcher can clearly hear each other
- Don't hang up! Let the dispatcher know you've accidentally pressed your button and everything is fine

EMS LIFELINK	
Condition	Description
Medical Alarm	Pendant Transmitter - Opr. Note: Accidental press due to hug from wife. Signal completed - Resolution: Accidental Press
Miscellaneous report	Listen -in to follow -

Sometimes an accidental press can be caused by a humorous situation—like getting a bear hug!

Tips to Avoid Accidentally Pressing your Button:

It's perfectly OK if you accidentally press your button, but are a few tips that may be helpful:

1. Be aware of where your button is when leaning against things
2. Watch out for your button while putting on a coat or reaching in a purse
3. Don't keep your button in your pocket or purse
4. Keep your panel out of reach of curious children or animals
5. If possible, move your button out of the way before giving a hug

Fall Recipe Corner

September is apple season, apple crisp is an easy and delicious fall treat!

Apple Crisp

Ingredients

- 2 1/2 cups apples—peeled, cored and sliced
- 1 cup all purpose flour—sifted
- 1 cup white sugar
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1/2 cup butter—softened

Directions

1. Preheat oven to 375 degrees. Lightly grease an 8-inch square baking dish
2. Arrange apple slices evenly in prepared baking dish. Sift flour, sugar, cinnamon and salt in a bowl. Cut in butter using a pastry blender or 2 knives until mixture resembles coarse cornmeal; sprinkle over apples
3. Bake in a preheated oven until topping is golden, 40 to 45 minutes. Cool slightly before serving

Source: allrecipes.com



Link-a-Friend!

EMS LifeLink is starting a referral program called, “Link-a-



Friend”. When you refer a friend or family member to EMS LifeLink, and they sign up with us, you get **50% off** one month’s bill! The more referrals you provide, the more months you’re eligible to receive a discount!

Would you like to contact us?

Nicole Karbacz—EMS LifeLink Program Coordinator

Phone: 734-477-6453—Option 1

Email: lifelink@emergenthealth.org

Mail: 1200 State Circle Ann Arbor, MI 48108

Thanksgiving Recipe Guide

Thanksgiving is a ways off, but it’s never too early to start planning your menu. Email or mail us your favorite Thanksgiving recipe and we’ll compile them into a recipe guide we share with all our EMS LifeLink members!